

MENU FOR DAYCARE

You can recognize Heart Symbol meals this symbol



| vk 29 - 30 | BREAKFAST | BREAKFAST | BREAKFAST |
|-------------|--|---|--|
| mon 15.7 | OATMEAL PORRIDGE (M) boiled egg, juice bread | SAUSAGE SAUCE (M) potato salad | BREAKFAST CEREAL (M) + BERRY SOUP (M, G) cheese bread |
| tue 16.7 | SEMOLINA PORRIDGE cucumber bread | CHICKEN AND PASTA CASSEROLE (L, G) salad | BERRY SOUP(M, G) home made cheese (L, G) rye bread |
| wed 17.7 | CACAO (G) bread roll, cheese, carrot (under 3 years old:porridge) | MEAT SOUP (M, G) rye bread, cheese bell pepper | STRAWBERRY PORRIDGE (M) cold cuts rye bread |
| thu 18.7 | BARLEY PORRIDGE tomato bread | FRIED POTATO AND SAUSAGE salad | KARELIAN PASTRY (L) butter with eggs (M, G) grapes |
| fri 19.7 | RYE PORRIDGE (M) cheese, bell pepper bread | FISH (M, G) potato, sauce (L G) salad | BANANA YOGHOURT (G) cucumber bread |
| ma 22.7 | WHEAT PORRIDGE (M) boiled egg, juice bread | MEAT SAUCE (M, G) potato salad | CARROT-POTATO BREAD (M) cheese orange |
| ti 23.7 | RICE PORRIDGE cucumber bread | VEGETABLE SOUP (L, G) karelian pasrty (L) cheese, cucumber | WAFFLE (L) + JAM apple |
| ke 24.7 | CACAO (G) bread roll, cold cuts carrot (under 3 years old:porridge) | FISH (L, G) potato salad | FRUIT QUARK (L, G) cucumber bread |
| to 25.7 | SEMOLINA PORRIDGE tomato bread | GROUND MEAT AND PASTA CASSEROLE (L) salad | FRUIT SOUP (M, G) cheese bread |
| pe 26.7 | PORRIDGE WITH FOUR CEREALS (M) cheese, cucumber bread | CHICKEN BALLS (M) potato, sauce (L, G) ground carrot | VEGETABLES (M, G) + creme (L, G) cheese rye bread |

Snack time can under 3 years old get spoon food and lunch time can pasta/rice be replaced with potatoes, Breakfast, there is mashed fruits or jam with porridge.

PV

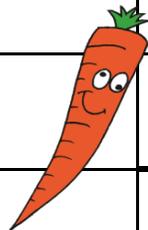
Main course markings: Lactose-free = L, low-lactose = LL, no milk protein = M (if there is M is also L and LL), gluten-free = G

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| vk 31- 32 | BREAKFAST | BREAKFAST | BREAKFAST |
|-------------|--|---|--|
| mon 29.7 | OATMEAL PORRIDGE (M) boiled egg, juice bread | REGIONAL FOOD (M, G) salad beetroot | RYE BREAD (M) cheese apple |
| tue 30.7 | SEMOLINA PORRIDGE cucumber bread | HAMBURGER BEEF (M, G) potato, sauce (L, G) salad | FRUIT SOUP (M, G) cheese bread |
| wed 31.7 | CACAO (G) bread roll, cheese, carrot (under 3 years old:porridge) | CHICKEN SAUCE (L, G) potato salad | YOGHOURT (L, G) mashed fruits rye bread |
| thu 1.8 | RYE PORRIDGE (M) cheese, tomato bread | LASAGNE(L) ground carrot | LINGONBERRY PORRIDGE (M) liver sausage bread |
| fri 2.8 | SEMOLINA PORRIDGE bell pepper bread | FISH SOUP (L, G) bread apple | WHEAT BREAD (M) home made cheese (L, G) banana |
| mon 5.8 | WHEAT PORRIDGE (M) boiled egg, juice bread | GROUND MEAT SAUCE (M) potato salad | EAKFAST CEREAL (M) + STRAWBERRY SOUP (M) cheese bread |
| tue 6.8 | RICE PORRIDGE bell pepper bread | SAUSAGE AND MASHED POTATOES CASSEROLE (L,G) salad | KARELIAN PASTRY (L) cheese mandarin |
| wed 7.8 | CACAO (G) bread roll, cold cuts carrot (under 3 years old:porridge) | FISH (M,) potato, sauce (L, G) ground carrot | QUARK (L, G) cucumber rye bread |
| thu 8.8 | SEMOLINA PORRIDGE cucumber bread | CHICKEN SOUP (L, G) rye bread cucumber | GROUND MEAT PIZZA (L) + APPLE JUICE rutabaga (under 3 years old:porridge) |
| fri 9.8 | PORRIDGE WITH FOUR CEREALS (M) cheese, tomato bread | KEBAB AND POTATO CASSELORE (M, G) cucumber salad | CACAO (G) cold cuts, bell pepper bread roll |



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| vk 33- 34 | BREAKFAST | BREAKFAST | BREAKFAST |
|-------------|--|--|--|
| mon 12.8 | OATMEAL PORRIDGE (M) butter with eggs (L,G), juice bread | CHICKEN SAUCE (L, G) potato ground carrot | RYE BREAD (M) cheese pear |
| tue 13.8 | SEMOLINA PORRIDGE cucumber bread | FISH AND POTATO CASSEROLE (L, G) salad | STRAWBERRY SOUP (M, G) cold cuts rye bread |
| wed 14.8 | CACAO (G) bread roll, cheese, carrot (under 3 years old:porridge) | CARROT BEEF (M, G) potato, sauce (G) salad | FRUITS (M, G) home made cheese (L, G) bread |
| thu 15.8 | BARLEY PORRIDGE bell pepper bread | SAUSAGE SAUCE (M) potato salad | CHOCOLATE SOUP (L, G) tomato bread |
| fri 16.8 | RYE PORRIDGE (M) cheese, cucumberr bread | TOMATO AND GROUND MEAT SOUP(M, G) bread, cheese cucumber | VANILLA YOGHOURT (G) bell pepper rye bread |
| mon 19.8 | WHEAT PORRIDGE (M) boiled egg, juice bread | MEAT SAUCE (M) potato salad | WHEAT BREAD (M) cheese orange |
| tue 20.8 | RICE PORRIDGE cucumber bread | CHICKEN AND POTATO CASSEROLE (L, G) ground carrot | BLACKCURRAT PORRIDGE (M) cheese bread |
| wed 21.8 | CACAO (G) bread roll, cold cuts carrot (under 3 years old:porridge) | SPINACH PANCAKE potato, sauce (G) cheese salad, lingonberry jam | STRAWBERRY QUARK (L, G) cucumber bread |
| thu 22.8 | PORRIDGE WITH FOUR CEREALS (M) cheese, cucumber bread | FISH SOUP (L, G) cauliflower bread, | MEAT PASTY (M) cucumber salad, water melon (under 3 years old:porridge) |
| fri 23.8 | SEMOLINA PORRIDGE cucumber bread | PASTA CASSEROLE (M) ground cheese salad | CACAO (G) cheese, bell pepper bread |

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